

2010 Eastside Wrestling Camp

Technique Camp \$75.00

**deposit of \$35 is required to hold a
wrestlers spot. (non-refundable)*

**Checks made to Eastside Youth
Wrestling**

name: _____

address: _____

city: _____ state: _____

zip code: _____

grade: _____ age: _____

approximate weight: _____

email: _____

home phone: () _____

cell phone: () _____

emergency contact: _____

emergency phone: () _____

insurance carrier: _____

insurance ID #: _____

insurance policy #: _____

NUWAY # _____

Shirt Size: _____

Parental Consent Form

I/We, the undersigned, hereby certify that I (we) am (are) the parent or legal guardian of the camper. I hereby give permission for the staff of the Camp to seek, for the period of the Camp, appropriate medical attention in the event of an accident, injury, or illness. I will be responsible for any and all costs of medical attention and treatment.

I/We, the undersigned, for ourselves and as guardian(s) of

_____, understand that wrestling is an active, physical sport, and that injuries can take place during play. I/We also understand that there will be a limited number of coaches, and that our child cannot receive individualized attention and supervision at all times. I/We understand that, as with any sport, injuries can occur, and we hereby acknowledge that our child is physically fit and mentally capable of participating in wrestling and camp activities.

I/We represent that I/We have sought the opinion of our child's pediatrician, _____, and that he/she concurs that my/our aforementioned child is fully capable of safely engaging in these activities. I/We also understand that it is my/our responsibility in caring for the camper listed above, to be assured that he/she is fully capable of engaging in this sport's activities, and I/we are confident that he is able to engage in such sports.

I/We the undersigned for ourselves, our heirs, executors, and administrators, waive release and forever discharge Eastside High School and its staff, officers, agents, employees, representatives, and successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in camp activities or while at camp, whether or not damages, injury, or loss is due to negligence.

Signature of Guardian _____
Date _____
Address _____
City/State/Zip _____

Eastside High School
1300 Brushy Creek Road
Taylors, SC 29687

Phone: 864-355-2800

Fax: 864-355-2992

www.greenville.k12.sc.us/eastside

Email: dleader@greenville.k12.sc.us

**Eastside Summer Wrestling Camp
link:**

www.eastsideaau.com



**2010
Summer
Wrestling
Camp**

June 14—June 18

8:30 – 12:30 daily

Ages: 6 yrs – 8th grade

Cost: \$75 per wrestler

**Registration deadline is Friday,
June 4th.**

COACH KRAUSE'S



Camp Applicants must submit the following:

- Completed application and parental consent form
- Full payment of \$75
- Please put camper's name on memo

Send Checks to:
EHS Wrestling Camp
c/o Daniel Leader
1300 Brushy Creek Road
Taylors, SC 29687

Make all checks payable to Eastside Youth Wrestling

Discounts:

Teams of 10 or more wrestlers enrolling together receive a \$10 discount per camper. Must receive all registrations together.

PLEASE DO NOT FORGET TO FILL OUT THE BACK OF THIS FORM

Camp Clinicians:

Mike Krause (right)

Coach Krause is a national youth coach from Michigan. He has been featured on www.flowrestling.com on several occasions, and is considered by many to be one of the premier youth coaches in the nation. His intensity and enthusiasm for the sport are contagious to those around him. He also lettered four years while wrestling at Michigan State University.

JC Oddo

JC is currently the started at 165llbs for The Citadel. He was a SoCon runner-up last season and a starter for The Citadel. He was a four-time region, county, upper state and state champion while wrestling at EHS.

Jack Kosmicki

Coach Koz has proven to be one of the top coaches in state. He has coached 8 teams to state titles, and coached 23 individuals to 40 individual state titles.

Other Staff

Eastside Youth Wrestling coach and state champion Daniel Leader, 4X state champ Matt Leach, and Eastside varsity wrestlers will be clinicians as well.

Camp Philosophy:

The staff at Eastside is committed to offering the best techniques in the sport of wrestling. Our goal is to help individuals bring their skills to the next level so they can ultimately acquire state championships. The camp will focus on building and strengthening fundamentals in each wrestling position. Basic and advanced techniques will be given with the opportunity for question and answer sessions. Athletes will be given individual attention by counselors as well as Eastside High School varsity wrestlers.



Daily Wrestling Itinerary:

8:00-8:30 a.m.	Wrestler Drop-off
8:30-10:00a.m.	Technique Session One
10:00-10:30 a.m.	Break and Snack (provided)
10:30-12:00 p.m.	Technique Session Two
12:00-12:30 p.m.	Conditioning Games
12:30-1:00 p.m.	Wrestler Pick-Up

*Note: On Friday each wrestler will participate in an individual tournament.

What to Bring?

Wrestling shoes, head gear, water bottle, mouth piece (for those with braces).

Hard-working attitude

Desire to learn and better yourself

*Each participant will receive a free camp t-shirt

Camp Director:

Eastside Coach Daniel Leader

dleader@greenville.k12.sc.us

(864) 355-2861

www.eastsideaau.com